



For Immediate Release

Influenza Update – Updated Dosage Recommendations for Children

As the Northwestern Health Unit continues to roll-out the H1N1 immunization program to everyone who wants or needs it this week, the Ministry of Health and Long-Term Care announced revised dosage guidelines for children.

Current recommendations include:

- **UNCHANGED:** Children between 6 months of age and under 3 years of age should receive two half-doses of adjuvanted H1N1 flu vaccine, administered at least 21 days apart.
- **UPDATED:** Children with chronic health conditions who are between 3 and 9 years of age should receive their first half-dose of the adjuvanted H1N1 flu vaccine as soon as possible. They should also receive a second half-dose of the H1N1 flu vaccine, at least 21 days apart.
- **UPDATED:** Healthy children between 3 and 9 years of age should only receive a single half-dose of the adjuvanted H1N1 vaccine, and do not need to return for a second vaccine for now. This recommendation may be updated as more information becomes available.

A flu shot is the best protection against the flu. The most up-to-date information about where and when to get the H1N1 flu shot in your community is available at www.nwhu.on.ca or by calling (toll-free) 1-866-468-2240.

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