

MEDIA RELEASE

For immediate release

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Local resident receives prestigious award

The Association of Local Public Health Agencies (alPHA) has awarded Dryden resident, Trudy Sachowski, the Board of Health Section Distinguished Service Award for her dedication to public health in Ontario. Sachowski is an executive member of Northwestern Health Unit's (NWHU) Board of Health and has also been newly elected as alPHA President.

Sachowski's role in public health began in 2014 when she applied as a Provincial appointee to NWHU's Board of Health, and she has continued to be deeply involved with various public health committees since. "Trudy has dedicated countless hours to improve the health of others. She represents our area at many tables and provides leadership and support at both a regional and provincial level. We are grateful to have her experience and knowledge on our Board of Health," says Marilyn Herbacz, CEO at NWHU

"Trudy's passion and dedication to public health is evident in all that she does. She is truly deserving of this award and on behalf of all NWHU staff, I would like to thank her for her leadership and commitment to make our region a healthier place to live," says Dr. Kit Young Hoon, Medical Officer of Health at NWHU.

The NWHU Board of Health Chair, Doug Lawrance also has nothing but praise for Sachowski's work over the years. "I've had the pleasure of working alongside Trudy for the past two years. She is an advocate not only for our area, but also for public health at the many tables she sits at. She is an asset to our region and I am honoured to have her as a colleague," Lawrance says.

Being elected President of alPHA is also a major accomplishment for Sachowski and the Executive Director of alPHA, Loretta Ryan, commends Sachowski for her work. "I look forward to working with alPHA's new President. Trudy Sachowski's commitment to public health is nothing short of outstanding. alPHA is fortunate to have volunteers, such as Trudy, who are public health leaders," says Ryan.

For more information on alPHA and the Board of Health Section Distinguished Service Award, visit: <https://www.alphaweb.org/>.

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