



# Drug Alert

**DIPHENOXYLIATE HCL**

**January 28 2025**



**Northwestern  
Health Unit**

[www.nwhu.on.ca](http://www.nwhu.on.ca)

**What is it?** Opioid anti-diarrhea drug

**Sold as/in:** Brown Down

**Risk:** Overdose and/or death

**Side Effects:** Nausea, vomiting, loss of appetite, headache, restlessness, fatigue, confusion or changes in mood

## What does an overdose look like?

- Severe drowsiness
- Shortness of breath or troubled breathing
- Fast heartbeat
- Unusual warmth, dryness, and flushing of the skin

## Ways to stay safe

### **Try not to use alone**

- Buddy up with someone you trust.
- Don't use at the same time. Make sure the other person is okay before you use.

### **Carry Naloxone and know how to use it**

- Visit Northwestern Health Unit for a kit & refresher on how to save a life.
- If you think someone is overdosing, give Naloxone!

### **If you must use alone, have a safety plan**

- Get someone to check on you in person or by phone.
- Download the lifeguard app - it could save your life!
- Call NORS before you use 1-888-688-NORS (6677).

### **See a health care provider if:**

- you have a wound - left untreated, it could lead to amputation.
- you need to talk about an overdose or other experience.
- you need other health care.

**Call 911 if you think someone is overdosing!**

Call Northwestern Health Unit for more information:

75 Van Horne Ave, Dryden, ON

Phone#: 807-223-8777

Cell Phone#: 807-220-0626