



# Drug Alert

**Fentanyl found in crystal meth**  
**2025/03/27**



**Northwestern  
Health Unit**

[www.nwhu.on.ca](http://www.nwhu.on.ca)

**What is it?** Fentanyl

**Sold as/in:** Crystal meth

**Risk:** Opioid overdose

Unexpected effects due to presence of a drug the person did not intend to use

## Side Effects:

### What does an overdose look like?

- Unconsciousness
- slowed or no heart rate and/ or breathing
- pinpoint pupils
- going limp
- choking or gurgling
- cold clammy skin
- blue-purple lips and nails

### Ways to stay safe

#### **Try not to use alone**

- Buddy up with someone you trust.
- Don't use at the same time. Make sure the other person is okay before you use.

#### **If you must use alone, have a safety plan**

- Get someone to check on you in person or by phone.
- Download the lifeguard app - it could save your life!
- Call NORS before you use 1-888-688-NORS (6677).

#### **Carry Naloxone and know how to use it**

- Visit Northwestern Health Unit for a kit & refresher on how to save a life.
- If you think someone is overdosing, give Naloxone!

#### **See a health care provider if:**

- you have a wound - left untreated, it could lead to amputation.
- you need to talk about an overdose or other experience.
- you need other health care.

**Call 911 if you think someone is overdosing!**

Call Northwestern Health Unit for more information:

Naloxone (narcan) and drug test strips can be accessed through harm reduction services; people who use unregulated drugs are strongly urged to have naloxone available when using drugs as well as someone who can give the naloxone if needed, do not use alone and alternate who is using so one person is able to give naloxone or call for help if needed, use small amounts of a new supply to see whether any unusual side effects happen. Seek emergency health care even if naloxone is given and it works, because over dose symptoms can return when the naloxone wears off.