

# Point of Care Risk Assessment

Performing a Point of Care Risk Assessment (PCRA) before any resident/environment contact is the best way to protect yourself and others from infection risk!

Consider the following every time you enter a resident's space:

## The Task

- What am I going to do? Does it require close contact with the resident or their environment?

- Could my hands be exposed to blood or other body fluids?



- Could I be exposed to a cough or body fluid spray?



- Could my clothing be exposed to body fluids?



- Do I need assistance to do the task safely?

## The Resident

- Do they have signs or symptoms of an infection?
- Is the resident incontinent or do they have any open wounds?
- Do they move independently, or do they require close contact support and lifting?
- Is the resident cooperative or unpredictable/agitated?

## The Environment

- Do I have access to alcohol-based hand rub and PPE I may need?
- Is the resident isolated/on additional precautions?
- Is this a shared room?
- Is the resident's environment likely contaminated with their blood or other body fluids?

Choose personal protective equipment (PPE) based on the risk. Break the chain of infection.



Break a Link - Prevent Infection



Northwestern  
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